The Thermodynamic Cycles and Associated Energetics of Hurricane Edouard (2014) during Its Intensification

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ABSTRACT

This study expands on a previous analysis of the intensification of Hurricane Edouard (2014) in the isentropic coordinates to further examine the thermodynamic processes that lead to the strengthening of the storm. Thermodynamic cycles are extracted using the methodology known as the Mean Airflow as Lagrangian Dynamics Approximation. The most intense thermodynamic cycle here is associated with the air rising within the hurricane eyewall. Its structure remains mostly steady during the early development of Edouard but evolves rapidly as the storm intensifies. Through intensification, the ascent shifts toward high values of entropy under the effect of enhanced surface heat fluxes and stronger surface winds, while reaching higher altitudes and lower temperatures. The near–rapid intensification onset of Edouard corresponds to an increase in the energy input into the cycle and an increase in the amount of kinetic energy generated. The external heating fluctuates considerably in the two low-level legs with a period of about 16–24 h, indicative of diurnal variation in the thermodynamic cycle. During the intensification of Edouard, the mechanical work production and the Carnot efficiency both increase dramatically, which can be attributed to the increase in energy transport and deepening of the thermodynamic cycle. In addition, there is a substantial increase of the mechanical work done during the horizontal expansion of air parcels near Earth’s surface, and a larger fraction of the kinetic energy generated is used to sustain and intensify the horizontal flow rather than to provide a vertical acceleration in the updrafts.

1. Introduction

A tropical cyclone (TC) is one of the most fascinating atmospheric phenomena, which draws energy from the ocean to strengthen itself. As it becomes intense, it can acquire enormous energy with potentially catastrophic impacts for the population in its path. How a weak tropical disturbance develops into an intense storm is a question of great importance and has been the subject of much research in our field. Early investigators suggested that an incipient tropical disturbance can intensify and ultimately develops into a TC via the positive feedback process related to the cooperative interaction between deep convection and surface large-scale circulation, which is commonly known as the conditional instability of the second kind (CISK) mechanism (Charney and Eliassen 1964; Ooyama 1964). Later on, the air–sea interaction instability paradigm [what is now commonly known as the wind-induced surface heat exchange (WISHE) mechanism] proposed by Emanuel (1986) and Rotunno and Emanuel (1987) has been considered as the leading hypothesis for TC intensification. Under WISHE, enhanced surface winds increase fluxes of sensible and latent heat from the ocean, and deep moist convection transports the energy from the ocean surface to the upper troposphere. This in turn increases

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the temperature at the center of the storm and further strengthens the surface winds. The positive feedback between surface winds and energy exchange fluxes will lead to the TC intensification.

In both CISK and WISHE, the intensification of a TC requires converting internal energy into kinetic energy to strengthen the winds while also countering dissipation arising from surface friction and turbulence in the free atmosphere. To this effect, the TC acts as a kind of heat engine described by Eliassen and Kleinschmidt (1957). Anthes (1974) suggested that a TC is a quasi-steady thermodynamic heat engine driven primarily by latent heat release, in which the release of latent heat in the warm core maintains the TC’s baroclinic structure and generates available potential energy, which is continuously converted to kinetic energy. Emanuel (1986) argued that the TC is more of a simple Carnot heat engine that converts heat energy extracted from the ocean to mechanical energy. Such a Carnot cycle is composed of four legs (segments), in which a single air parcel follows a well-defined set of thermodynamic transformations including: spiraling in toward the TC center and gaining entropy from the sea surface at fixed temperature in leg 1, ascending within deep convection in the TC’s eyewall and then flowing out to large radius in leg 2, descending slowly in the lower stratosphere with a nearly constant temperature under the effect of radiative cooling in leg 3, and finally descending to the lower troposphere along an absolute angular momentum surface in leg 4.

While viewing TCs as heat engines is a useful analogy that helps us explain storm intensification and maintenance, it is less straightforward to apply this concept to examine energy conversion in a TC quantitatively. The atmosphere, including TCs in particular, is a highly turbulent system. An air parcel’s trajectory can vary greatly in space and time and almost never constitutes a perfect closed thermodynamic cycle. Therefore, the TC’s thermodynamic cycles are difficult to clearly identify or quantify from observations and numerical simulations. In the thermodynamic cycle proposed by Emanuel (1986), the isothermal descending of the air parcel in leg 3 is derived from the assumption that the upper-level outflow occurs at constant temperature in a TC. However, Emanuel and Rotunno (2011) argued that this assumption is not justified in the TC simulated by a convection-resolving numerical model, in which the upper-level outflow exhibits marked thermal stratification. They proposed that the small-scale turbulence that limits the Richardson number in the TC core sets the stratification of the outflow. In the revised framework, the outflow temperature varies with angular momentum, which also permits the vortex to intensify with time as that simulated using a full-physics axisymmetric model (Emanuel and Rotunno 2011; Emanuel 2012). These findings mean that the energy loss in the descending leg of thermodynamic cycle should not be approximately isothermal in the upper levels.

Recently, Pauluis (2016) introduced the Mean Airflow as Lagrangian Dynamics Approximation (MAFALDA), a systematic approach designed to extract a set of representative thermodynamic cycles from numerical simulations of complex atmospheric motions. MAFALDA is based on the isentropic analysis technique in the isentropic framework. By separating the vertical mass transport in terms of equivalent potential temperature $\theta_e$ for the rising air parcels at high entropy from the subsiding air at low entropy, the overturning circulation in the $\theta_e$-z space can be computed, which is then used to construct the thermodynamic cycles. With MAFALDA, Pauluis and Zhang (2017) extracted the thermodynamic cycles of a numerically simulated TC from the standard model output. By analyzing the thermodynamic transformations along various representative cycles, they showed that the deepest overturning circulation associated with the rising air within the eyewall is an efficient heat engine that produces about 70% as much kinetic energy as a comparable Carnot cycle.

In our recent study (Fang et al. 2017), the isentropic analysis technique in the isentropic framework is extended to the convection-permitting simulation of a real-world TC, Hurricane Edouard (2014), with the focus on the changes of the dynamic and thermodynamic structure in the $\theta_e$-z space during the intensification, especially before and after the onset of near-rapid intensification. In the present work, the intensification of Edouard will be further analyzed by examining the thermodynamic cycles extracted with MAFALDA from the model output. The focus of the current study is the variation of the thermodynamic cycles and associated energetics of the storm during its intensification.

The remainder of this paper is organized as follows. Section 2 describes the Edouard simulation and reconstruction of thermodynamic cycles via MAFALDA. Section 3 analyzes the energy gain and loss as well as work production along the cycle associated with the deepest overturning circulation in Edouard. Concluding remarks are given in section 4.

2. Edouard simulation and reconstruction of the thermodynamic cycles via MAFALDA

Edouard formed as a TC at about 1200 UTC 11 September 2014 and developed into the first major
hurricane in the Atlantic since Hurricane Sandy (2012) early on 16 September 2014 (Stewart 2014). Its near–rapid intensification and secondary eyewall formation have drawn the attention of many studies (e.g., Rogers et al. 2016; Tang and Zhang 2016; Fang et al. 2017; Leighton et al. 2018; Melhauser et al. 2017; Munsell et al. 2017, 2018; Tang et al. 2017). In this work, the energetics and thermodynamic behavior of Edouard are to be addressed by applying MAFALDA to the simulation (prediction) of Edouard produced by the Weather Research and Forecasting (WRF) Model, version 3.5.1 (Skamarock and Klemp 2008), which was a real-time forecast generated by the Pennsylvania State University (PSU) real-time Atlantic hurricane forecast and analysis system (Zhang et al. 2009, 2011; Zhang and Weng 2015; Weng and Zhang 2016). The model domain is triply nested through two-way nesting with horizontal resolutions of 27, 9, and 3 km, respectively. Both nested domains move to keep the model TC in the center area of the domains. All three domains have 43 vertical levels with the model top at 10 hPa. The integration is conducted for 126 h beginning at 1200 UTC 11 September 2014. The details of the model physics configuration and initialization processes can be found in Munsell et al. (2015, 2017) and Weng and Zhang (2016). The PSU WRF real-time forecast predicts the track and intensification of the observed storm well on the whole except that 1) the deviation of the modeled track from the observed is comparatively large before 1800 UTC 13 September, 2) the near–rapid intensification occurs about 12 h later than observed, and 3) the predicted Edouard is slightly stronger than that estimated by the best track observation (Fig. 1). The proper prediction of the track and intensity changes implies that the development process of Edouard may have been well captured by the numerical model, based on which the thermodynamic cycles and energetics of Edouard will be examined via MAFALDA.

Following Pauluis (2016) and Pauluis and Zhang (2017), MAFALDA is applied to the numerical simulation via the following two steps:

1) Computing the isentropic streamfunction in \( \theta_e-z \) coordinates with the formula written as

\[
\Psi_{\theta_e}(\theta_e, z, t) = \int_0^{\theta_e} \langle \rho w' \rangle \left( \theta_{e_0}, z, t \right) d\theta_{e_0},
\]

where \( \Psi_{\theta_e} \) is the isentropic streamfunction, \( \rho \) the air density, \( w' \) the perturbation vertical velocity representing the deviation of vertical velocity from the domain-averaged vertical motion, \( \langle \cdot \rangle \) denotes the spatial position of an air parcel in the isentropic coordinates, and \( \delta f \) is the Dirac delta function. In this work, the vertical mass flux defined in Eq. (2) is

\[
\langle \rho w' \rangle \left( \theta_{e_0}, z, t \right) = \int_A \rho w \delta \left( \theta - \theta(x, y, z, t) \right) dx dy,
\]

where \( \delta \{ \cdot \} \) is the Dirac delta function. In this work, the vertical mass flux defined in Eq. (2) is

1 Because of the small simulation domain, the domain-averaged vertical velocity is removed in the vertical mass flux to ensure that the isentropic streamfunction is closed in the thermodynamic space (\( \theta_e-z \)). The horizontal integral is taken over the domain centered at the storm center with side length of 600 km in the present work. For the current study on the intensification of Edouard, the results are generally not sensitive to this manipulation because the domain-averaged vertical velocity is small (\( \ll 0.05 \text{ m s}^{-1} \)) during the intensification of Edouard.
approximated by summing the mass flux over the finite-size $\theta_e$ bins; that is, $\theta_{e_0} - 1/8 < \theta_e \leq \theta_{e_0} + 1/8$ K. The isentropic streamfunction derived from Eqs. (1) and (2) at 1200 UTC 14 September when the near-rapid intensification started is shown in Fig. 2a.

According to Pauluis and Mrowiec (2013), the isopleths of the isentropic streamfunction correspond to the mean trajectories in the $\theta_e$–$z$ space in the sense that the vector composed of conditional averaged diabatic tendency and vertical velocity is parallel to the isolines of the isentropic streamfunction in the $\theta_e$–$z$ space. Henceforth, MAFALDA takes the isopleths of the isentropic streamfunction as the mean “parcel” trajectories in the $\theta_e$–$z$ space (Pauluis 2016). By this way, an arbitrary set of trajectories in $\theta_e$–$z$ space can be determined from fractions of the minimum streamfunction. In Fig. 2a, there are 20 isopleths of the isentropic streamfunction with the values of $[(2k - 1)/2N]^{\frac{1}{8}} \min \Psi$, where $1 \leq k \leq N$ and $N = 20$, which are corresponding to 20 distinct trajectories with $(\theta_{e_k}, z_k)$ satisfying the following equation:

$$
\Psi_{e_k}(\theta_{e_k}, z_k) = \frac{2k - 1}{2N} \min \Psi, \quad \text{where} \quad 1 \leq k \leq N \\
\text{and} \quad N = 20.
$$

By finding $(\theta_{e_k}, z_k)$ satisfying Eq. (3), the trajectories can be determined, which are shown in Fig. 2a. From Fig. 2a we can see that there are deep and shallow overturning circulations in Edouard. For simplicity, the trajectories corresponding to $k = 1$ and $k = 9$ are subjectively chosen to represent the deepest and shallower overturning circulations in Edouard,$^2$ respectively. Figure 2b shows that the ascending branch of the former locates in the eyewall region while the ascending branch of the latter situates in the outer-core area at 1200 UTC 14 September, which is consistent with Pauluis and Zhang (2017).

The MAFALDA trajectories $(\theta_{e_k}, z_k)$ determined above are cyclical, along which any thermodynamic variables can be computed in the isentropic framework via the following two steps:

1) Estimating the conditional average of thermodynamic state variables as a function of $\theta_e$ and $z$ with the formula written as

$$
\tilde{f}(\theta_e, z, t) = \frac{\langle f \rangle(\theta_e, z, t)}{\langle \rho \rangle(\theta_e, z, t)}
$$

where $f$ denotes a thermodynamic state variable and the numerator and denominator on the right-hand side are derived from Eq. (2) with $\rho w'$ replaced by $\rho f$ and $\rho$, respectively.

2) Interpolating the values of the various state variables $f$ along the trajectories.

$^2$The actual deepest cycle is hard to determine in practice because the atmosphere is a continuum fluid. The cycle with $k = 1$ is used here as a representation of the deepest cycle in Edouard as it is rooted near the surface and nearly reaches 14 km at 1200 UTC 14 September as shown in Fig. 2a.
Through the above manipulations, the mean “air parcel” trajectory in \((\theta_e, z)\) space can be viewed as the thermodynamic cycle of the heat engine in Edouard, along which the changes of state variables of a fixed mass of dry air are controlled by the thermodynamic relationship (Pauluis 2011); that is,

\[
Tds = dh - \alpha dp - \sum_{w=d,i,j} \mu_w dr_w, \tag{5}
\]

where \(T\) and \(p\) are temperature and pressure, respectively; \(s, h, \alpha\) are the moist entropy, enthalpy, and specific volume of per unit mass of dry air, respectively; \(\mu_w, \mu_i, \mu_j\) and \(r_w, r_i, r_j\) are the Gibbs free energy and mixing ratio of water vapor, liquid water, and ice, respectively. The inclusion of Gibbs free energy terms in Eq. (5) is to take account of the thermodynamic impacts related to the addition and removal of water in different phases in the air parcel, which can induce the heat energy input to and loss from the air parcel (Pauluis 2011). Via integrating Eq. (5) along the thermodynamic cycle, the energy conversion in the heat engine can be determined as

\[
\int_{W_{\text{max}}}^{W} T ds = - \int \alpha dp - \int \sum_{w=d,i,j} \mu_w dr_w. \tag{6}
\]

In Eq. (6), the term on the left-hand side is the net amount of heat energy gained by an air parcel from its environment including surface energy fluxes, absorption and emission of radiation, turbulent mixing, and frictional dissipation along the thermodynamic cycle. It is equivalent to the work that would be done by a Carnot cycle transporting the same amount of entropy (i.e., \(W_{\text{max}}\)). The first term on the right-hand side of Eq. (6) is the work (per unit mass of dry air) that is done in the cycle \(W\), which is usually smaller than \(W_{\text{max}}\) because of the Gibbs penalty \(\Delta g\). In the moist atmosphere with precipitation, water is usually added to the air parcel as unsaturated water vapor at low Gibbs free energy and is removed from the air parcel as liquid or ice with comparatively high Gibbs free energy, which corresponds to a positive value of \(\Delta g\) and a reduction of the ability of the thermodynamic cycle to produce mechanical work (Pauluis 2011; Pauluis and Zhang 2017). Also owing to the water in the air parcel, only part of the mechanical work production in the cycle can be employed to generate kinetic energy to strengthen the winds (while also countering dissipation arising from surface friction and turbulence in the free atmosphere), because lifting water expends mechanical work. For brevity, the work done to lift water as the air parcel moves through the cycle is referred to as \(W_p\) while the residual mechanical work production is named \(W_{\text{KE}}\), which is directed to strengthen and/or sustain TC vertical and horizontal circulations. These terms can be written as

\[
W_p = \int \rho g T dz \quad \text{and} \quad W_{\text{KE}} = W - W_p, \tag{7}
\]

where \(g\) is the gravitational acceleration.

3. Evolution of representative thermodynamic cycles during intensification of Edouard

We focus here on the energy conversion in two representative MAFALDA cycles corresponding to \(k = 1\) and \(k = 9\) in Eq. (3), which are subjectively employed to represent the deepest and the shallower cycles in Edouard. Figures 3a and 3b, respectively, display the time series of the three terms in Eq. (6), that is, \(W_{\text{max}}, W, \Delta g\), in the two cycles during the intensification of Edouard. Comparing to the shallower cycle, the magnitudes and variations of \(W_{\text{max}}\) and \(W\) are much more pronounced in the deepest cycle, especially after the onset of the near–rapid intensification at about 1200 UTC 14 September, which indicates that the deepest cycle is much more pertinent to Edouard’s intensification. This result indicates that, although the shallow overturning circulations make a great contribution to the vertical mass transport (Fang et al. 2017), they may not be efficient in extracting external heat energy and generating kinetic energy during the storm intensification. Therefore, only the energy cycle associated with the deepest overturning circulation is to be investigated in detail in the following sections with the
aim to understand the intensification of Edouard from the energetics perspective. Figure 3a further shows that the Gibbs penalty $D_g$ (blue line) is smaller than $W_{\text{max}}$ as well as $W$ and does not change noticeably during the intensification of Edouard. Thus, it will not be considered in the following discussion on the energy transfer in the thermodynamic cycle except where noted.

a. MAFALDA cycle for the deepest overturning circulation in the thermodynamic coordinates

TCs intensify via continuously extracting external heat energy from the environment and converting a fraction of it into kinetic energy. From a quantitative point of view, the external heating of per unit mass of dry air $\delta Q$ is given by

$$\delta Q = T ds + \sum_{w=\text{f,j}} g_w \, dw = dh - \alpha d p.\quad 4$$

This “external heating” is the amount of energy gained by a parcel from its “environment” and includes surface energy fluxes, absorption and emission of radiation, turbulent mixing and frictional dissipation. Since the Gibbs free energy is relatively small (Fig. 3a), the external heating is dominated by the change of specific entropy and thus can be readily evaluated through the examination on temperature versus specific entropy diagram, or $T$–$s$ diagram, for the thermodynamic cycle. The $T$–$s$ diagram is a useful and common tool in thermodynamics because it helps to visualize the heat transfer. It has been widely used in the studies on TC intensification from the viewpoint of energy supply (e.g., Tang and Emanuel 2012; Riemer and Laliberté 2015; Gu et al. 2015).

For convenience, we partition the intensification of Edouard into four consecutive stages according to the variation of the minimum sea level pressure: spinup (1200 UTC 11 September–1200 UTC 12 September; stage I), slow intensification (1200 UTC 12 September–1200 UTC 13 September; stage II), fast intensification (1200 UTC 13 September–1200 UTC 14 September; stage III), and near–rapid intensification (1200 UTC 14 September–1200 UTC 16 September; stage IV) of Edouard [refer to Fang et al. (2017) on the stage descriptions]. The respective intensification rates are approximately 3.5, 4.5, 10, and 26 hPa (24 h)$^{-1}$ in the four stages. The $T$–$s$ diagrams for the MAFALDA-derived cycles in the four stages are displayed in Fig. 4 with the time interval of 3h. For convenience, we employ “A,” “B,” “C,” and “D” to respectively denote the point of the lowest entropy (A) and the point of maximum entropy (B) in the near-surface inflow leg, the point of the lowest temperature (C), and the point with the lowest entropy (D) in the whole thermodynamic cycle. In this sense, the MAFALDA cycle is composed of near-surface inflow leg (AB), ascending leg (BC), and descending legs CD and DA, which is similar to the cycle in an idealized hurricane as shown in Pauluis and Zhang (2017).

Figure 4 indicates that the air parcel gains energy as a result of turbulent mixing when it is away from the surface (leg DA) or directly from surface heating (leg

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4 The addition and removal of water substance in the air parcel can induce variations in the enthalpy of the air parcel and thus can appear as a small energy source (Pauluis 2011; Pauluis and Zhang 2017).
AB) when it moves from D to B, while the parcel loses energy, first, mainly through detrainment and mixing during its ascent (leg BC), then by radiation (leg CD) as it moves from B to D. Altogether, energy gained at warmer temperatures is larger than is lost at colder temperatures, a clear signature that the circulation acts as a heat engine (Fig. 3a). Thus, although the MAFALDA cycles shown in Fig. 4 do not completely fit as a classical Carnot heat engine, mostly because the loss of energy is not isothermal and the compression is far from adiabatic, the parcel’s trajectory in the $T$–$s$ coordinates corresponds to a thermodynamic heat engine, with the air parcel gaining energy at a warm temperature and losing it at a colder temperature. Because the air parcel temperature in the MAFALDA cycle is derived from the isentropic-mean temperature at the corresponding altitude, its variation on the lower-temperature side of the descending leg indicates that the upper-level outflow is vertically stratified in Edouard. This conforms with the TC intensification theory revised by Emanuel and Rotunno (2011) and Emanuel (2012), in which the upper-level outflow temperature is not constant. It is worth noting that the heating reconstructed through MAFALDA is only for a statistically steady system. For the intensifying Edouard, heating recovered by MAFALDA may include the “apparent” heating resulting from changes in the mass distribution (Pauluis and Mrowiec 2013). However, our calculation indicates that, during the intensification of Edouard, the local change of the mass is much smaller than the vertical divergence of vertical mass fluxes in the mass conservation equation in $\theta_e$–$z$ coordinates (figure not shown). Therefore, the apparent heating due to the transient behavior of Edouard should only account for a small fraction of the heating derived from the MAFALDA cycle and thus will not be discussed further hereafter.

**Fig. 4.** The $T$–$s$ diagram for the MAFALDA cycle during the period from (a) 1200 UTC 11 Sep to 1200 UTC 12 Sep, (b) 1200 UTC 12 Sep to 1200 UTC 13 Sep, (c) 1200 UTC 13 Sep to 1200 UTC 14 Sep, and (d) 1200 UTC 14 Sep to 1200 UTC 16 Sep with an interval of 3 h. The trajectories are denoted by the contours with different colors in each period. The cold and warm colors represent the cycles at earlier and later times, respectively. Of note, the axes are reversed (decreasing values away from the origin) here.
During the heating legs (DA and AB), air parcels are injected in the mixed layer and gradually gain energy from the surface exchange. To better elucidate this heating process, we turn to Fig. 5. The isentropic-mean variables shown in Fig. 5 are functions of $\theta_e$ of the air parcel that is moving from D through A to B,\(^5\) depicting the near-surface and low-level environment of the air parcel as it moves along leg DA and leg AB. The red dotted line and the left and right edges of the shaded area denote the time variations of the low-level vertical velocity of the air parcel located at points A, B, and D in the cycle, respectively. Because the entropy has the similar variation trend as $\theta_e$ (footnote 3), the red dotted line also reflects the time variations of the parcels’ entropy when it reaches point A. The isentropic-mean vertical velocity shown in Fig. 5a represents the low-level vertical motion in the air column with the air parcel that is moving along leg DB (DA + AB). From Fig. 5a, we can see that, as the air parcel moves along leg DB, the air column it passed through is dominated by weak subsidence in the lower troposphere. However, there are two noticeable exceptions. One is the air parcels on the high side rise, with the low-level vertical velocity up to 0.4 m s\(^{-1}\) corresponding to the air parcels in the eyewall. Another is the region of strong downward velocity, with the low-level vertical velocity of $-0.2$ m s\(^{-1}\) for the values of $\theta_e$ between 335 and 355 K. This strong descent corresponds to the mesoscale downdraft associated with the outer rainband, as indicated in Fig. 5b. Interestingly, the point A, which corresponds to the location where the reconstructed cycle makes contact with the surface, can be found in the middle of the region of strong downward motion. This indicates a potentially substantial role of the mesoscale downdraft in pushing down the inflow into the mixed layer. The mesoscale downdraft also corresponds to an enhanced surface winds (Fig. 5c) and surface heat flux (summation of sensible and latent heat fluxes; Fig. 5d).

\(^5\) The variables shown in Fig. 5 are determined in the similar way as that in the calculation of the thermodynamic variables along the MAFALDA cycle described in section 2. Taking the sea surface heat flux as an example, the calculation is performed via the following steps. First, the values of density weighted surface heat flux ($\rho F$) are sorted according to the equivalent potential temperature at different altitudes; that is,

$$
\langle \rho F \rangle (\theta_e, z, t) = \iint_A \rho F(x, y, z) \delta(\theta_e - \theta_e(x, y, z, t)) \, dx \, dy.
$$

Second, the conditional average of $F$ as function of $\theta_e$ and $z$ is estimated with the formula written as

$$
\hat{F}(\theta_e, z, t) = \langle \rho F \rangle (\theta_e, z, t) / \langle \rho \rangle (\theta_e, z, t),
$$

where $\hat{F}(\theta_e, z, t)$ denotes the isentropic-mean surface heat flux under the air parcel located at $\theta_e, z$. Via interpolating the values of $\hat{F}$ along leg DA and leg AB in the MAFALDA cycle, the isentropic-mean surface heat flux under the air parcel located at leg DA and leg AB can be finally estimated, which is shown in Fig. 5d. By replacing $F$ in the above formulas with the mean vertical velocity averaged between $z = 1$ and 2 km, hourly rain rate, and 10-m wind speed, the isentropic-mean low-level vertical velocity, hourly rain rate, and 10-m wind speed in the air column with the air parcel that is moving along leg DA and leg AB can also be determined and are shown in Figs. 5a, 5b, and 5c, respectively.
In stage I (Fig. 4a), the MAFALDA cycle in $s-T$ space does not show significant changes except at D, the point with the lowest entropy, which wobbles slightly likely because of the changes in the large-scale environment of Edouard. Accordingly, the external heating responsible for the entropy changes in legs AB and BC (i.e., $\int_{AB} T ds$ and $\int_{BC} T ds$) is nearly constant while its counterpart in legs DA and CD (i.e., $\int_{DA} T ds$ and $\int_{CD} T ds$) fluctuates gently (Figs. 6a,b). Over the entire cycle, $W_{max}$ is positive in stage I (Fig. 3a), which means that the air parcel gains more energy from the external heating than it loses to the external cooling, with the imbalance compensating for the mechanical work production and Gibbs penalty. Figure 6a further reveals that $\int_{DA} T ds$ is much larger than $\int_{AB} T ds$ in stage I. This indicates that the air parcel gains more energy as a result of turbulent mixing in the atmosphere than that directly from surface heating in the early development of Edouard. It is also worth noting that the energy loss in the ascending leg (BC) mainly occurs in the lower to midtroposphere (Fig. 4a), which results from the diffusive loss of water vapor due to the entrainment of dry air in the updrafts (Pauluis 2016; Pauluis and Zhang 2017).

During the slow intensification stage (stage II), the point D fluctuates in the $s-T$ space while A shifts toward a lower entropy instead of being nearly constant in entropy as that in stage I (Fig. 4b). The decrease of entropy at A is related to the enhanced subsidence in the low levels of the air column with leg DA going through (Fig. 5a). The subsidence acts to transport (lower) $\theta_e$ from the midtroposphere to the lower troposphere and dries the subcloud layer, which suppresses the water collection of the air parcel as it descends from D to the surface, and accordingly leads to a decreased entropy when it reaches point A (Fig. 4b and Fig. 5a). In addition, the outward expansion of the secondary circulation and the northwestward movement of Edouard into a drier environment (not shown) also contribute to the entropy decrease at point A in stage II. As a contrast, the point B only oscillates slightly in the $T-s$ diagram during stage II (Fig. 4b), which implies that the air parcel gains more heat energy in leg AB in stage II than stage I to enhance its entropy from the lower value at A to the almost unchanged value at B. Such a heat energy demand is met by the persistent enhancement of the surface heat flux under leg AB in stage II (Fig. 5d). Figure 6a shows that the increase of $\int_{AB} T ds$ overcompensates the decrease of $\int_{DA} T ds$, and thus, the total external heating increases in legs DA and AB in stage II. However, because of the enhanced heat energy loss in leg CD (Fig. 6b), the maximum work $W_{max}$ only increases slightly in stage II (Fig. 3a). The ascent leg (BC) does not make a notable contribution to the change of $W_{max}$ during stage II (Fig. 6b).

In stage III (Fig. 4c), the MAFALDA cycle demonstrates a noticeable expansion in $s-T$ space via the decrease of moist entropy at D and the shift of the ascending leg toward higher entropy corresponding to the steady growth of $W_{max}$ (Fig. 3a). Figure 6 quantitatively shows that the increase of $W_{max}$ is induced by the strengthening of heat energy transfer in legs DA and AB. There is a rapid growth of external heating occurring mainly in leg DA from about 1600 UTC 13 September to 0400 UTC 14 September and in leg AB from around 0400 to 1200 UTC 14 September. The former is largely due to the weakening of the subsidence in the lower troposphere in the region with air parcels going through leg DA (on the low-$\theta_e$ side in Fig. 5a), under which the drying effect of the downdrafts counteracting the impact of the surface heating...
moisture flux is weakened and the environment suppression on the water collection of the air parcel is reduced accordingly. With reference to Figs. 5c and 5d, we can see that the latter is consistent with the strengthening of surface wind speed and surface heat flux under leg AB, especially under the eyewall.

As Edouard starts to intensify rapidly in stage IV, the ascending branch of the MAFALDA cycle shifts steadily toward higher entropy while also deepening and thus reaching substantially lower temperature in the s–T coordinates (Fig. 4d). The steady increase of maximum entropy in the cycle (at point B) is supported by the enhanced surface heat flux resulting from the remarkably strengthened near-surface winds beneath the eyewall (Figs. 5c,d). The area enclosed by the cycle equals the integral $\int T \, ds$, and thus, the cycle variations exhibited in Fig. 4d correspond to a significant increase of $W_{\text{max}}$ (Fig. 3a). Quantitatively, such an increase of $W_{\text{max}}$ is ascribed not only to the reinforced heat energy transfer in leg DA or leg AB (Fig. 6a), but also to the decrease of the heat energy loss in leg BC (Fig. 6b). As Edouard intensifies, convection becomes active in the eyewall, which in turn humidifies the troposphere in the inner-core area. Consequently, the entrainment of dry air weakens in the updrafts while the diffusive loss of water vapor decreases as the air parcel moves upward from point B, which leads to the decrease of heat energy loss in the ascending branch and favors the enhancement of $W_{\text{max}}$.

Figure 6a shows that the external heating in leg DA and leg AB are on opposite ends of a seesaw during stages III and IV. When the former reaches the minimum, the latter is usually at a maximum. Comparing Fig. 5 to Fig. 6a, we can see that the variations of $\int_{\text{DA}} T \, ds$ and $\int_{\text{AB}} T \, ds$ are tied to the oscillation of $\theta_e$ at A with the interval of about 16 to 24 h in that the maxima (minima) $\int_{\text{AB}} T \, ds$ ($\int_{\text{DA}} T \, ds$) mainly occur when or immediately after $\theta_e$ is a minimum at A. Figures 5a and 5b indicate that the variation of $\theta_e$ at A is correlated with the precipitation and low-level subsidence in the region with leg DA going through (on the low-$\theta_e$ side of A in Figs. 5a,b) in that the enhanced (suppressed) precipitation and low-level subsidence on the low-$\theta_e$ side of A usually precede the arrival of $\theta_e$ to a minimum (maximum) at A. The near-periodical characteristics in the MAFALDA cycle could be associated with the convective activity as described by Duninion et al. (2014); that is, convection regularly bursts outside of the eyewall and propagates radially outward from the storm with the period of $\sim 24$ h in a mature TC, and/or is related to the outer spiral rainbands reinitiated quasi periodically under the effect of boundary layer charge–discharge mechanism as discussed in Li and Wang (2012).

b. MAFALDA cycle for the deepest overturning circulation in p–α coordinates

The difference between the energy gain and loss in the MAFALDA cycle equals the amount of internal energy that is converted into mechanical energy. The processes related to such a conversion can be further quantified via examining the MAFALDA cycle in p–α coordinates. To illustrate the variations of the mechanical work along the thermodynamic cycle, the specific volume and pressure of the air parcel are decomposed into two parts, $\alpha = \bar{\alpha} + \alpha'$ and $p = \bar{p} + p'$, where $\bar{\alpha}$ and $\bar{p}$ are the mean specific volume and pressure horizontally averaged over the 600 km × 600 km domain centered at Edouard’s center at the initial time (1200 UTC 11 September), while $\alpha'$ and $p'$ denote the deviations of $\alpha$ and $p$ from $\bar{\alpha}$ and $\bar{p}$, respectively. For convenience, the variables with bars and primes are referred to as mean state and perturbation, respectively. The mechanical work production along the MAFALDA cycle ($- \int \alpha \, dp$) is consequently decomposed into four components; that is,

$$- \int \alpha \, dp = - \int \bar{\alpha} \, dp - \int \alpha' \, dp - \int \bar{\alpha} \, dp' - \int \alpha' \, dp'.' \tag{8}$$

The first term on the right-hand side of Eq. (8) corresponds to the change in geopotential energy along the parcel trajectory and cancels out when computed on a cycle. The second integral on the right-hand side of Eq. (8), $- \int \alpha' \, dp'$, can be rewritten as $\int g(\alpha - \bar{\alpha})/(\bar{\alpha}) \, dz$ after assuming that the mean pressure field is hydrostatic. This corresponds to the integral of the buoyancy along the cycle. As warm air rises near the warm center of the storm, the contribution from this term is positive, and corresponds to a net generation of kinetic energy. As shown in Fig. 7, the integral $- \int \alpha' \, dp'$ increases as the storm intensifies. Figures 8a–d display the MAFALDA cycle in the $\alpha$–p coordinates and confirms that the increase in the integral $- \int \alpha' \, dp'$ is induced by the reduction in the density during the ascending leg (BC), especially in the upper troposphere: warmer and lighter air rises to a higher level, which enhances the rate at which kinetic energy is generated.

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6 Because of the large span of pressure values and small variation of specific volume, the change of the MAFALDA cycle in the p–α space is not as evident (not shown) as that in the s–T space during the intensification of Edouard, which requires the decomposition here.
The third term on the right-hand side of Eq. (8) \(-\frac{1}{C_0} a dp\) is negative, but is insufficient to cancel out the generation of kinetic energy arising from the buoyancy contribution [i.e., the second term on the right-hand side of Eq. (8)]. The \(\pi-p'\) diagrams for the MAFALDA cycle presented in Figs. 8e–h indicate that the integral \(-\frac{1}{C_0} a dp\) arises from two main contributions: 1) a positive contribution due to the horizontal expansion associated with the near-surface inflow (leg AB) and 2) a negative contribution during the ascending leg BC. During the leg AB, the parcel is near the surface, and moves from the outer region to the storm toward its low pressure center. The substantial drop in the pressure perturbation \(p'\) in the center area corresponds to the work done necessary to accelerate the parcel while also balancing the surface friction. In the ascending leg BC, the parcel moves from the center of the storm, where the pressure perturbation is strongly negative, to the upper atmosphere, where the pressure perturbation is much smaller. But because the drop in the pressure perturbation during the leg AB occurs near the surface at lower value of the specific volume while the increase in pressure perturbation in leg BC is accompanied with the increase of the specific volume, the contribution of the later dominates and the integral \(-\frac{1}{C_0} a dp\) is negative, reducing the overall generation of kinetic energy. The last term in Eq. (8) is a quadratic term and remains small through the storm intensification.

Comparing Figs. 8a–d to Figs. 8e and 8f, we can see that the total work done during the air parcel in the vertical legs \(\int_{BCDA} -\alpha dp\) is determined by both \(-\alpha dp\) and \(\int_{BCDA} -\alpha dp\). In the early developing stages (I and II), the work production in the vertical legs is dominated by \(\int_{BCDA} -\alpha dp\) and does not exhibit noticeable variations except for magnitude fluctuations (Figs. 8a,b and 8e,f; Fig. 9). After stage II, \(\int_{BCDA} -\alpha dp\) begins to increase owing to the volume expansion of the air parcel in the ascending leg (Fig. 8c) while \(\int_{BCDA} -\alpha dp\)
Figure 9. Time evolution of integral of $-\alpha dp$ from A to B ($\int_{AB} \alpha dp$; solid line) as well as from B to A through C and D ($\int_{BCDA} \alpha dp$; dashed line) in the MAFALDA cycle during the intensification of Edouard.

From Fig. 9 we also can see that, during the early developing stages (I and II), the mechanical work production in the MAFALDA cycle ($-\int_{BCDA} \alpha dp$) is mainly ascribed to the vertical motion in the ascending and descending legs, which causes the vertical acceleration in the updrafts under the effect of rising warm air. As the storm becomes intense (stages III and IV), the persistent decrease of pressure beneath the eyewall induces a remarkable increase in the work production in the inflow leg, which is mostly utilized to strengthen and/or sustain the horizontal flow. At the same time, the decrease of the pressure beneath the eyewall also reduces the work production in the vertical legs. As a result, the work done in the cycle becomes more and more directed at intensifying and/or sustaining horizontal winds rather than providing vertical acceleration for the updrafts.

c. Efficiency of the thermodynamic cycle as Edouard intensifies

Because of the water vapor, raindrops, and ice co-existing with dry air in an air parcel, only part of the mechanical work production $W_{KE}$ can be utilized to generate kinetic energy, and the other part $W_{p}$ is consumed by lifting water as the air parcel moves along the MAFALDA cycle. Figure 3a shows that $W_{p}$ is nearly constant during the intensification of Edouard. It is somewhat larger than $W_{KE}$ in stage I and then becomes much smaller than $W_{KE}$, indicating that more and more mechanical work production is employed to generate kinetic energy to accelerate the parcel while also countering dissipation arising from the frictional effect (rather than lifting water) as Edouard intensifies.

In energetics, how much of the external heat energy of a heat engine obtained can be converted to the kinetic energy represents the efficiency of the heat engine. Taking the dynamic and thermodynamic influences of water substance in the air parcel into account, the actual efficiency of the heat engine depicted by the MAFALDA cycle in Fig. 2a can be written as

$$\eta = \frac{W_{KE}}{Q_{in}}$$

where $Q_{in}$ is the summation of positive values of $T\delta s + \sum_{v=v_{1},w} S_{v}\delta r_{w}$ in the cycle. According to Eq. (9) in Pauluis and Zhang (2017), the relationship between the actual efficiency and the well-known Carnot efficiency [$\eta_C = (T_{in} - T_{out})/T_{in}$, where $T_{in}$ and $T_{out}$ are the temperatures of the energy source and sink] can be rewritten as

$$\eta = \eta_C - \frac{W_{p}}{Q_{in}} - \frac{\Delta G}{Q_{in}}$$

where $\Delta G$ is associated with the Gibbs penalty.7 Equation (10) shows that the actual efficiency is lower than $\eta_C$ as it is reduced because of the impacts of inefficiencies in the system. For a moist atmosphere, the two main inefficiencies arise from diffusion of water vapor and from the frictional dissipation induced by falling rainfall (Pauluis and Held 2002a,b). Since the Gibbs energy is fairly small during the intensification of Edouard (Fig. 3a), $Q_{in}$ can be approximated by $\int_{DA+AB} T ds$.

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7 The expressions of $\Delta G$, as well as $T_{in}$ and $T_{out}$, can be found in Pauluis and Zhang (2017).
Figure 6a manifests that $Q_{in}$ increases as Edouard intensifies. In contrast, the work done to lifting water and the Gibbs penalty do not vary notably during the intensification (Fig. 3a). Therefore, the most significant deviation of actual efficiency from the Carnot efficiency happens in stage I when $Q_{in}$ is small (Fig. 6a and Fig. 10). After stage I, the differences between the actual efficiency and the Carnot efficiency decreases along with the increase of $Q_{in}$. At around 1200 UTC 16 September, the actual and Carnot efficiencies are about 12.6% and 16.5%, respectively. The difference between the efficiencies is smaller than that in stage I. The prominent increases of the actual and Carnot efficiencies in stage IV indicate that the heat engine is more efficient in an intense TC vortex.

According to Eqs. (7) and (9), the actual efficiency can also be expressed as

$$\eta = \frac{\int_{AB} -\alpha \, dp}{Q_{in}} + \frac{\int_{BCDA} -\alpha \, dp - W_p}{Q_{in}}. \quad (11)$$

The first term on the right-hand side corresponds to the efficiency referred to as $\eta_{AB}$ associated with the conversion of internal energy into kinetic energy during the horizontal expansion (leg AB), while the second term corresponds to the remainder associated with the vertical overturning and the work done to lifting water. As indicated by Figs. 9 and 10, the intensification of Edouard is associated with an overall increase that is primarily due to the increase in the expansion working the inflow. In the early development of Edouard, most of the work production can be attributed to the vertical overturning and the combination of warm air rising and cold air subsidence [i.e., the second term on the right-hand side of Eq. (11)]. However, as the storm intensifies, the increase in horizontal pressure gradient allows for an increase in the contribution from the horizontal expansion. In fact, by the end of the simulation, the total efficiency can be approximated by the contribution from the horizontal expansion alone.

4. Concluding remarks

Our study offers a thermodynamic analysis of the energetics during the intensification of Hurricane Edouard (2014). We apply an isentropic framework to sort the flow properties in terms of equivalent potential temperature and height. In doing so, one can compute an overturning mass transport characterized by the ascent of warm moist air at high $\theta_e$ and the subsidence of colder and dryer air at low $\theta_e$ and capture the thermodynamic characteristic of the air motions associated with the upward energy transport. Mrowiec et al. (2016) have shown that the isentropic mass transport is substantially stronger than the secondary (or Eulerian) circulation, as the latter omits the overturning associated with convective motions and thus accounts only for a fraction of the energy transport. In addition, by averaging the flow at constant value of $\theta_e$, one can take advantage of the conservation properties of the equivalent potential temperature so that the mean flow in isentropic coordinates is more closely related to the actual parcel trajectories.

We also apply the Mean Airflow as Lagrangian Dynamics Approximation (MAFALDA) proposed by Pauluis (2016) to extract the thermodynamic cycles associated with Edouard. The reconstructed thermodynamic cycles in Edouard exhibit the characteristics of a heat engine: air parcels acquire energy at high temperature near Earth’s surface and lose energy in the upper atmosphere at lower temperature. This differential heating makes it possible for the overturning circulation to generate kinetic energy, albeit the amount of kinetic energy that is generated is strongly affected by the hydrological cycle.

This method allows us to directly relate the energy transport to the energy transport in a thermodynamically consistent manner. In particular, MAFALDA uses the correct expression for the Gibbs relationship for an open system, including the contribution of the Gibbs free energy of water, which has been systematically neglected in the literature [see Pauluis (2011) for a discussion]. Previous studies have shown that the Gibbs penalty substantially reduces the work done by a
moist atmosphere when compared to an equivalent Carnot cycle (Pauluis and Held 2002a,b; Pauluis 2011; Laliberté et al. 2015; Pauluis 2016). Our analysis here confirm a key finding of Pauluis and Zhang (2017) that the Gibbs penalty is substantially less severe for the deepest circulation than it is for moist convection in general.

When a thermodynamic cycle is presented in the entropy–temperature \((s-T)\) coordinates, the maximum work that could be performed by a heat engine is equal to the area within the cycle. In the context of our analysis, the intensification of Edouard appears as a gradual expansion of the thermodynamic cycle in \(s-T\) coordinates after the early developing stages (I and II), first as a slight expansion of the thermodynamic cycle toward the low entropy side (stage III), then as a noticeable extension of the cycle toward the high entropy side while also deepening and thus reaching substantially lower temperature (stage IV). The expansion toward high value of entropy is supported by the strengthening of surface heat fluxes in the inner-core region resulting from the strong near-surface winds. The most significant increase of the maximum work happens in the near–rapid intensification stage. During this stage, the low-level dry air entrainment weakens in the inner-core region, which also facilitates the increase of the maximum work.

While the surface entropy maximum increases substantially during the intensification, the minimum entropy of the air parcel in the near-surface inflow leg actually fluctuates on a time scale of about 16–24 h when Edouard is intense (stages III and IV), which is attributable to the reinforcement of the mesoscale downdrafts linked with the near-periodical precipitation in the outer region of the storm. The subsidence transports low-\(\theta_e\) air from the midtroposphere to the lower troposphere and dries the subcloud layer. The drier environment suppresses the water collection of the air parcel as it descends to the surface.

The increase of the maximum work during the intensification is directly tied to an increase in the generation of kinetic energy in the storm. In the early development of Edouard, vertical expansion dominates the production of mechanical work. As the storm intensifies, the surface pressure decreases continuously in the eye and eyewall, and an increasing fraction of the work production occurs during the horizontal expansion of the air parcel near the surface. The dominant role of the near-surface inflow leg in mechanical work production indicates that, as Edouard intensifies, the mechanical work done in the cycle directs more and more toward strengthening and/or sustaining the horizontal winds rather than providing a vertical acceleration of the updrafts.

Our analysis compliments the findings of Pauluis and Zhang (2017) in that TC (Edouard) is less efficient than the classical Carnot cycle because of the hydrological cycle. However, as Edouard intensifies, the differences between the actual and Carnot efficiencies become smaller. After the fast increase in the near–rapid intensification stage, the actual efficiency reaches its maximum of about 12.6%. The increase of actual efficiency means that the heat engine becomes more efficient when the storm becomes more intense.

The current work manifests that the methodology of MAFALDA introduced by Pauluis (2016) and Pauluis and Zhang (2017) provides a unique perspective on the thermodynamic processes in the intensification of Edouard. It is capable of depicting the essential characteristics of an intensifying TC consistent with the traditional analyses: for example, (i) TC gains more and more energy as it intensifies, (ii) the most significant increase of net heat energy acquisition coincides with the near–rapid intensification onset, and (iii) the outer-core region has quasi-periodic features. More than that, the MAFALDA analysis provides quantitative description on the evolution of the thermodynamic cycles during the TC intensification under the impact of precipitation, sea surface heat flux, and dry air entrainment, which can be employed to quantitatively evaluate the intensification of TCs in different developing stages. It is worthy of mentioning that the results presented in this work are based on the definition that the thermodynamic cycle is the deepest cycle among the 20 trajectories determined according to Eq. (3). The external heating, work production, and efficiency of the heat engine in Edouard may be sensitive to the definition of thermodynamic cycle. However, the results are generally not particularly sensitive to the choice of the thermodynamic cycle for the comparison between the different stages of intensification of a TC.

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